



CHECKUP 1: POWER UP

1. How are you feeling now about your interview readiness, compared to how you felt before completing these preparation exercises?

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2. Assess your attitude toward interviewing by rating your level of agreement with the statements in the left column below:

I will never be prepared enough to do well	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
If I do my best to prepare, I will stand out from the other candidates	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I am a strong candidate with little preparation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Preparing answers to common questions will increase my chances of getting a job offer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree

3. What do you fully understand and are you doing well with? What needs to be improved?

MASTERED	NEEDS WORK